Step by step care

A wide range of insoles and complements for the feet
Who we are

Our company, located in Illueca (Zaragoza, Spain), is a manufacturer of insoles and accessories for footwear. Our basic concern is to provide maximum foot care, offering solutions to the most common problems such as odour and sweating, but not forgetting the importance of comfort.

Our company, Troquelados Rogelio Inés has a background in research into this field that dates back more than 20 years. We work together with the College of Chiropodists of Aragón, the Institute of Biomechanics of Valencia (IVB) and the Technological Institute of Aragón in the development of our products.

All of our production takes place at our facilities and this enables us to take a highly flexible approach to each order and to carry out a customised study of each proposal.
The range basic

Footsanit guarantees the maximum quality of all of its insoles and accessories. They are made in different materials: absorbent fabric, leather, latex foam...
This combination of materials gives a pleasant feeling of well being and provides the most appropriate solution to each requirement.
All of the products have a pleasant feel, in contact with the foot thanks to the innovative nature of the materials used.
An insole with a top layer of absorbent material that gives a pleasant, fresh feeling. Thanks to its second layer, of high density breathable latex foam with an anti-slip surface and particles of activated carbon treated with SANITIZED®, an antibacterial and antifungal treatment, it helps to prevent unpleasant odours and regulates sweating. This combination of materials in the second layer helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. The anti-slip surface stops the foot from sliding inside the shoe.

Place the fabric part in contact with the sole of the foot.

Options:
- Available in sizes 34 to 47 (european size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.
REF. 106 DE

This breathable and comfortable insole provides a sense of wellbeing thanks to the top layer made of towelling, an absorbent material that gives a pleasant, fresh feeling; the middle layer with particles of activated carbon treated with SANITIZED®, an antibacterial and antifungal treatment, that helps to prevent unpleasant odours and regulates sweating and, lastly, the base made of high density breathable latex foam, which helps the air to circulate and provides shock-absorbing properties.

Place the fabric part in contact with the sole of the foot.
- Options: Available in sizes 34 to 47 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

REF. 111

An insole with a top layer of perfumed absorbent material that gives a pleasant, fresh feeling. The second layer made of high density breathable latex foam with an anti-slip surface helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. This anti-slip surface stops the foot from sliding inside the shoe.

Place the fabric part in contact with the sole of the foot.
Options:
- Available in sizes 34 to 47 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.
REF. 115 CF

An insole with a top layer of absorbent towelling material that gives a pleasant, fresh feeling. Perfumed layer treated with SANITIZED®, an antibacterial and antifungal treatment, that helps to prevent unpleasant odours and regulates sweating. The second layer made of high density breathable latex foam with an anti-slip surface helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. This anti-slip surface stops the foot from sliding inside the shoe.

Place the fabric part in contact with the sole of the foot.
Available in sizes 34 to 47 (european size).

REF. 130-A

An insole with a top layer of absorbent towelling material that gives a pleasant fresh feeling. Layer treated with SANITIZED®, an antibacterial and antifungal treatment, it helps to prevent unpleasant odours and regulates sweating. The base is made of natural coconut fibre which allows the air to pass through keeping feet healthy and fresh all day long. The edge is lined and stitched so the insole lasts longer. This insole provides the feet with maximum hygiene, comfort and relaxation, letting them breathe and preventing the formation of bacteria.

Place the fabric part in contact with the sole of the foot.
Available in sizes 34 to 47 (european size).
REF. 129

An insole with a special braiding that forms a crossed surface relief that gives the nerve endings a mini massage offering a pleasant sensation when walking. Base made of anti-slip felt, treated with an antibacterial and antifungal product, that provides the feet with maximum hygiene, comfort and relaxation, letting them breathe and preventing the formation of bacteria.

Place the fabric part in contact with the sole of the foot.
Options:
- Available in sizes 34 to 47 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

REF. 136

An insole with a top layer of absorbent technical material that gives a pleasant, fresh feeling. Perfumed layer treated with SANITIZED®, an antibacterial and antifungal treatment, that helps to prevent unpleasant odours and regulates sweating. The second layer made of high density breathable latex foam with an anti-slip surface helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. This anti-slip surface stops the foot from sliding inside the shoe.

Place the fabric part in contact with the sole of the foot.
Options:
- Available in sizes 34 to 47 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.
**REF. 137**

An insole with a top layer of perfumed absorbent material that gives a pleasant fresh feeling. The fabric has a cloud pattern. The second layer made of high density breathable latex foam with an anti-slip surface helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. This anti-slip surface stops the foot from sliding inside the shoe.

Place the fabric part in contact with the sole of the foot.

Options:
- Available in sizes 34 to 47 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

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**REF. 160 A**

The breathability and comfort of this insole give a sense of well being thanks to the top layer made of double-knit mesh that gives a pleasant fresh feeling, a second layer made of felt with a high content of activated carbon particles that absorbs sweat and, lastly, a pad in the heel zone to cushion impacts when walking.

Place the mesh layer in contact with the foot.

Available in sizes 34 to 47 (European size).
REF. 162 CF

An insole with TRICOTEX, a technical fabric, perfumed in its the top layer that is very hard-wearing and has excellent absorption properties. The second layer made of high density breathable latex foam with an anti-slip surface helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. This anti-slip surface stops the foot from sliding inside the shoe.

Place the fabric part in contact with the sole of the foot.
Available in sizes 34 to 47 (european size).

REF. 315

The perfect accessory for feet with a narrow instep, providing support and stopping the foot from slipping out of footwear when walking. Half-insole made of absorbent fabric aromatised with chlorophyll essence Breathable high-density latex foam base.

Instructions for use: position at front part of shoe on a level with the metatarsals. The absorbent fabric should be in contact with the foot.
Available in sizes 35/36 to 41/42 (european size).(european size).
REF. 317

The perfect accessory for feet to protect against discomfort and hard patches on the sole.
Plantar cushion made of absorbent fabric that provides a pleasant, fresh feeling and high-density breathable latex foam base which helps the air to circulate and provides shock-absorbing properties.

Place latex layer in contact with the foot.
One size

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REF. 368

The perfect accessory to reduce the level of pressure on the foot and improve comfort with high-heeled footwear.
Metatarsal cushion made of micro-fibre with a padded, moulded, breathable latex foam base. It provides extra comfort in the metatarsal area and prevents the foot from slipping forward.
Main characteristics: firm grip to stop foot moving inside footwear, maximum adherence of cushion to shoe so that it remains in place during use. Breathable to provide a fresh sensation all day long.

Instructions for use: insert cushion inside shoe and place the micro-fibre layer in contact with the foot. It is important to fit them in the correct position, placing the widest part, in contact with the metatarsals.
One size.
The perfect accessory to reduce the level of pressures and improve comfort with medium-high heeled shoes. Metatarsal pad made of cow suede with breathable, soft, moulded latex foam base. Provides cushioning in the metatarsal area and prevents the foot from slipping forward.

Main characteristics: Non-slip, preventing the foot from slipping inside the shoe, maximum adherence of pad to shoe, ensuring a good grip during its use and breathable, a fresh feeling all day long.

Instructions for use: insert pad inside shoe and place the leather layer in contact with the foot. It is important to place the pads in the correct position shown below, positioning the widest part, in contact with the metatarsals. One size.
The range leather

Range of real leather insoles that combine different backings with all the benefits of leather. The insoles have a pleasant feel in contact with the foot thanks to the softness and high degree of breathability provided by this noble material. For each model there is a wide range of backings as well as different colours and qualities of leather.
Insole made of authentic leather, tanned with vegetable extracts, reinforcing its anti-allergic and absorbent properties. It is an insole that absorbs damp and keeps your feet dry all day. The latex foam in the bottom layer reinforces the shock absorbing properties of the insole.

Place the leather part in contact with the sole of the foot. Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

Available skins (leather): 1, 2, 4, 5, 10, 12, 15, 3, 6, 11, 16, 22, 31, 38, 48, 65
Available supports: B, M

*CONSULT AT THE END OF THE CATALOGUE
Insole made of mildly tanned, authentic, black sheepskin, which absorbs damp and keeps your feet dry all day. The second layer, made of breathable latex foam, improves the air circulation and provides shock-absorbing properties. Treated with SANITIZED®, an antibacterial and antifungal treatment.

Place the leather part in contact with the sole of the foot. Available in sizes 34/35 to 46/47 (European size).

Insole made of real cow suede, it absorbs moisture keeping feet dry during the whole day and preventing the foot from slipping inside the shoe. This is a hard-wearing insole for daily use. The natural cork base acts as a thermal insulator. The leather layer should be placed in contact with the foot.

Insole made of authentic leather, tanned with vegetable extracts, reinforcing its anti-allergic and absorbent properties. The second layer, made of breathable latex foam, improves the air circulation and provides shock-absorbing properties.

Place the leather part in contact with the sole of the foot. Available in sizes 34 to 47 (European size).

Available skins (leather): 1, 2, 4, 5, 10, 12, 15, 3, 6, 11, 16, 22, 38, 48, 65
Available supports: A, B, D, G, M, P

*CONSULT AT THE END OF THE CATALOGUE

Half insole made of real leather tanned with vegetable extracts reinforcing its anti-allergic and absorbent properties. The second layer, made of breathable latex foam, improves the air circulation and provides shock-absorbing properties.

Place the half-insole in the front inside part the shoe, in the area of the metatarsals with leather layer in contact with the sole of the foot. Available in sizes 35/36 to 41/42 (European size).

Available skins (leather): 1, 2, 4, 5, 10, 12, 15, 3, 6, 11, 16, 22, 31, 38, 48, 65
Available supports: A, B, D, G, M, P

*CONSULT AT THE END OF THE CATALOGUE
REF. 308/1 A

Heel protector for all types of footwear. Prevents rubbing on heel. Made of leather with self-adhesive backing and latex foam inner. Excellent as a shoe liner.

One size.
Available in brown: ref. 308/1A 7.
Available in black: ref. 308/1A 58.

REF. 308/2 A

Heel protector for all types of footwear. Prevents rubbing on heel. Made of engraved leather with self-adhesive backing and latex foam inner. Excellent as a shoe liner.

One size.
Available in brown: ref. 308/2A 7.
Available in black: ref. 308/2A 58.
**REF. 312/12**

Forefoot grip to prevent foot from slipping forward in open-toed shoes. Also provides metatarsal support for greater stability and comfort. Made in real, vegetable tanned leather that reinforces its anti-allergic and absorbent properties. It has a second layer of breathable, soft, moulded latex foam that enhances the circulation of air providing cushioning and absorption of impacts.

One size.

Available skins (leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 38, 48, 65

*CONSULT AT THE END OF THE CATALOGUE*

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**REF. 357/8**

Plasters, ideal for summer footwear, especially sandals or shoes with a thin heel strap. Made of cow suede, self-adhesive, stops feet from slipping out of footwear when walking.

Instructions for use: remove protector and place plaster at shoe mouth or the on sandal strap.
Footsanit guarantees maximum confort in all of its anatomical insoles. All of these insoles are produced in first class quality materials to suit each requirement and they provide a great feeling of well being during the whole of the day.

Designed anatomically so that the weight of the body is distributed equally over each of these zones, thus delaying the first symptoms of tiredness by their decongesting effect on the muscles, providing immediate relief.

The range comfort
Fabricada en tejido absorbente de última generación en su primera capa, espuma gelificada transpirable de alta densidad en su segunda capa y soporte anatómico con almohadilla viscoelástica en la zona del talón.

REF. 97

Its anatomical shape, designed by the Institute of Biomechanics of Valencia (IBV), provides more effective support of the inner longitudinal arc and increases stability thanks to its enveloping shape at the heel. Anatomical insole recommended for all types of feet and for mild cases of diabetic feet.
Made in genuine sheep leather, anatomical support with visco-elastic pad in the heel zone. It provides cushioning from impacts providing optimum comfort with each step and has a bottom layer of breathable, high-density latex foam with a non-slip surface.
The noble nature of a material such as leather adds elegance to a combination of two densities that guarantee excellent cushioning and hence extra comfort for feet.
Recovery of structure thanks to memory effect.
Recommended for: work footwear, urban footwear, casual footwear.

For correct use place leather surface in contact with the foot.
Available in sizes 36/37 to 52.
Possibility of producing insole with different leathers.

REF. 97/38AA

Heel raiser, ideal for people with a heavy weight. Relieves the loads on heels. Made in genuine leather and natural agglomerated cork. It increases height by raising the heel, and prevents rubbing on the mouth of shoe or inside of ankles. Height 25 mm. Available in different heights.

Instructions for use: self-adhesive, place in heel zone, inside shoe with the leather surface in contact with the foot.

Available in sizes 1, 2 and 3.
Ref. 369 (15 mm) There are different references about height, ref. 369 (15 mm), ref. 370 (20 mm), ref. 371 (25 mm) and ref. 372 (30 mm). Heel raiser. Increases height and prevents heels from rubbing on the mouth of the shoe. Made of genuine leather and highly resistant polyurethane which maintains its structure even with heavy weights.

Available in five heights: 10 mm, 15 mm, 20 mm, 25 mm and 30 mm.

Available in woman width and man width.

Ref. 369

Its anatomical shape, designed by the Institute of Biomechanics of Valencia (IBV), provides more effective support of the inner longitudinal arch and increases stability thanks to its enveloping shape at the heel. Anatomical insole recommended for all types of feet and for mild cases of diabetic feet. Made with a first layer of state-of-the-art absorbent fabric, a second layer of high-density, breathable gelled foam and anatomic support with viscoelastic cushion in the heel zone. It provides cushioning from impacts providing optimum comfort with each step. The combination of the three densities in this insole guarantees its excellent cushioning. Memory-effect recovery of structure. Recommended for: work footwear, urban footwear, sports and high performance sports footwear.

For correct use place the fabric layer in contact with foot.
Available in sizes 36/37 to 46/47 (European size).

Ref. 97

Its anatomical shape, designed by the Institute of Biomechanics of Valencia (IBV), provides more effective support of the inner longitudinal arch and increases stability thanks to its enveloping shape at the heel. Anatomical insole recommended for all types of feet and for mild cases of diabetic feet. Made with a first layer of state-of-the-art absorbent fabric, a second layer of high-density, breathable gelled foam and anatomic support with viscoelastic cushion in the heel zone. It provides cushioning from impacts providing optimum comfort with each step. The combination of the three densities in this insole guarantees its excellent cushioning. Memory-effect recovery of structure. Recommended for: work footwear, urban footwear, sports and high performance sports footwear.

For correct use place the fabric layer in contact with foot.
Available in sizes 36/37 to 46/47 (European size).
REF. 97
Anatomical insole designed for all types of feet and also for mildly diabetic feet. In contrast to conventional insoles, its anatomical shape means it provides better support of the inner longitudinal arch, metatarsal zone and it has a heel cup which increases support of the heel. Insole made of cowhide suede on the top layer and the second layer is made of breathable and moulded latex foam with activated carbon that helps to prevent unpleasant odours and lastly, a high density breathable latex foam base with a non-slip surface encourages transpiration and prevents the foot from slipping inside the shoe.

Available in sizes 35/36 to 45/46 (european size).

REF. 102
Anatomical insole for tired, aching feet. For people who are on their feet all day or who have to walk for many hours.
In contrast to conventional insoles, it has two points of support, the plantar arch and soft heel pad, which means that the body weight is spread evenly over these zones and this delays the first signs of tiredness by relieving the muscles. This relief is noticed immediately in the central part of the sole of the foot giving a great sense of comfort and well being.
Insole made of highly breathable double-knit mesh which provides a soft, pleasant sensation of coolness, an intermediate layer of filter with a high content of activated charcoal particles that absorbs sweat, preventing unpleasant odours and lastly, a high density breathable latex foam base with a non-slip surface encourages transpiration and prevents the foot from slipping inside the shoe.

Available in sizes 36/47 (european size)

REF. 141 B
Anatomical insole for tired, aching feet. For people who are on their feet all day or who have to walk for many hours.
In contrast to conventional insoles, it has two points of support, the plantar arch and soft heel pad, which means that the body weight is spread evenly over these zones and this delays the first signs of tiredness by relieving the muscles. This relief is noticed immediately in the central part of the sole of the foot giving a great sense of comfort and well being.
Insole made of highly breathable double-knit mesh which provides a soft, pleasant sensation of coolness, an intermediate layer of filter with a high content of activated charcoal particles that absorbs sweat, preventing unpleasant odours and lastly, a high density breathable latex foam base with a non-slip surface encourages transpiration and prevents the foot from slipping inside the shoe.

Available in sizes 35/36 to 45/46 (european size).
Top quality ergonomic insole.
It is made of three layers: the top layer, made of authentic leather, tanned with vegetable extracts, reinforcing its anti-allergic and absorbent properties, the middle layer, made of breathable latex foam and moulded to the toes and, lastly, the bottom layer made of breathable latex foam with an anti-slip surface and particles of activated carbon that helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. This anti-slip surface stops the foot from sliding inside the shoe.
Available in sizes 34 to 47 (European size).

Available skins (leather): 1, 2, 5, 10, 12, 3, 6, 16, 31, 48
Available supports: M

*CONSULT AT THE END OF THE CATALOGUE
REF. 172

Anatomical insole designed for all types of feet and also for mildly diabetic feet.
In contrast to conventional insoles, its anatomical shape means it provides better support to the inner longitudinal arch, metatarsal zone and it has a heel cup that increases heel support. Insole made of cowhide suede on the top layer and the second layer is made of soft, breathable and moulded latex foam. The latex reinforces the air circulation and provides shock-absorbing properties, to make each step more comfortable. This material guarantees good, padded support. It recovers its structure thanks to the memory effect. Suitable for the following uses: work, city, informal, sport and high intensity sport. It is advisable to air the insoles after each use.

Available in sizes 35/36 to 45/46 (European size).

REF. 142/12 C

Venus is an anatomic insole recommended for people with tired and painful feet and for those that spend a long time standing or take long walks. On the contrary to conventional insoles, Venus has three support points, foot arch, metatarsal arch and padded heel, thanks to which the weight of the body is equally spread on each of these areas, thus delaying the appearance of the first symptoms of fatigue caused by muscular congestion. Relief is immediate in the central area of the sole, providing a great sensation of comfort and wellbeing. The insole Venus has two surfaces: Top quality vegetable tanned leather with anti-allergic and absorbent properties on the upper part and felt with activated carbon at the bottom, absorbing sweat and eliminating bad smells.

Available in sizes: 35 to 47 (European size).

Available skins (leather): 1, 2, 5, 10, 12, 15, 16, 48.
Available supports: C, F
*CONSULT AT THE END OF THE CATALOGUE
Anatomical insole designed for all types of feet and also for mildly diabetic feet.

In contrast to conventional insoles, its anatomical shape means it provides better support to the inner longitudinal arch, metatarsal zone and it has a heel cup that increases heel support.

Insole made of authentic leather, tanned with vegetable extracts, reinforcing its anti-allergic and absorbent properties in the top layer and the second layer is made of soft, moulded, breathable latex foam. The latex improves the air circulation and provides shock-absorbing properties, to make each step more comfortable. This material guarantees good, padded support.

It recovers its structure thanks to the memory effect.

Suitable for the following uses: work, city, informal, sport and high intensity sport.

It is advisable to air the insoles after each use.

Available in sizes 35 to 47 (European size).

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Anatomical insole designed for people with tired, painful feet, for people who are on their feet all day, who walk a lot...

In contrast to conventional insoles, it has two points of support, the plantar arch and the soft heel pad, which means that the body weight is spread evenly over these zones and this delays the first signs of tiredness as the muscles are relieved. This relief is noticed immediately in the central part of the sole of the foot giving a great sense of comfort and well being.

The insole is made of towelling material on the top layer that gives a pleasant, fresh feeling and the base is made of natural coconut fibre which allows the air to pass through keeping feet healthy and fresh all day long.

This base is treated with SANITIZED®, an antibacterial and antifungal treatment, that helps to prevent unpleasant odour and regulates sweating.

Available in sizes 35 to 47 (European size).

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Available skins (leather): 1, 2, 5, 10, 12, 15, 3, 6, 31, 48

*CONSULT AT THE END OF THE CATALOGUE
Fabricada en tejido absorbente de última generación en su primera capa, espuma gelificada transpirable de alta densidad en su segunda capa y soporte anatómico con almohadilla viscoelástica en la zona del talón.

REF. 97
An anatomically shaped insole designed for sports shoes, it helps to keep the foot in place inside the shoe. Its breathability and comfort give a sense of well being thanks to the top layer made of a low friction material that gives a pleasant, fresh feeling and the second layer is made of highly breathable polyurethane.

Available in sizes 35 to 46 (european size).

REF. 341/12
Insole with metatarsal pad, suitable for medium and high-heeled shoes. Provides great comfort thanks to its real vegetable-tanned leather composition and breathable, soft, moulded latex foam.

Self-adhesive, place inside the shoe with the leather layer in contact with the foot.
Available in sizes: 34-42 (european size).

Available skins(leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 31, 38

*CONSULT AT THE END OF THE CATALOGUE

REF. 174
Insole with metatarsal pad, suitable for medium and high-heeled shoes. Provides great comfort thanks to its real vegetable-tanned leather composition and breathable, soft, moulded latex foam.

Self-adhesive, place inside the shoe with the leather layer in contact with the foot.
Available in sizes: 34-42 (european size).

Available skins(leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 31, 38

*CONSULT AT THE END OF THE CATALOGUE
Physiological insole with a gentle metatarsal rise. Acts from the centre of the foot to the forefoot, providing excellent comfort even with medium and high-heeled footwear. It provides comfort thanks to its real leather composition, tanned with vegetable extracts and its breathable, padded, moulded latex foam. The metatarsal zone is lined with non-slip material.

Available in sizes 35 to 43 (European size).

Available skins (leather): 1, 2, 4, 5, 10, 12, 3, 6, 11, 16, 22, 38, 48, 65

*CONSULT AT THE END OF THE CATALOGUE

Heel raiser, ideal for persons with a heavy weight, relieves the load placed on heels. Made in two layers: a top layer in real leather, tanned with vegetable extracts and a bottom layer of sponge rubber. It increases height. By raising the heel it prevents the shoe mouth from rubbing on the bottom of the ankle. Self-adhesive, place inside the shoe on the heel part with the leather layer in contact with the foot.

Available in sizes 1 to 4

Available skins (leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 38, 48, 65

Physiological insole with a gentle metatarsal rise. Acts from the centre of the foot to the forefoot, providing excellent comfort even with medium and high-heeled footwear. It provides comfort thanks to its real leather composition, tanned with vegetable extracts and its breathable, padded, moulded latex foam. The metatarsal zone is lined with non-slip material.

Available in sizes 35 to 43 (European size).

Available skins (leather): 1, 2, 4, 5, 10, 12, 3, 6, 11, 16, 22, 38, 48, 65

*CONSULT AT THE END OF THE CATALOGUE
**REF. 327/12**

Half insole for forefoot with gentle metatarsal rise. Adapts to all types of footwear, cushioning the front part of the foot. Provides comfort thanks to its vegetable-tanned real leather composition and breathable, soft, moulded latex foam.

Self-adhesive.
Available in sizes: 35/36, 37/38, 39/40 and 41/42 (European size).

Available skins (leather): 1, 2, 5, 10, 12, 16, 48

*CONSULT AT THE END OF THE CATALOGUE*

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**REF. 352/12**

Anatomical half insole suitable for people with tired or aching feet and for those who have to stand for many hours or walk long distances. Unlike conventional half insoles these ones have three support points, a flexible plantar arch, metatarsal relief and a soft heel pad, thanks to which the bodyweight is distributed equally in each of these zones, delaying the first symptoms of tiredness thanks to the decongestion of the muscles. Immediate relief is noted in the central area of the sole of the foot, producing a feeling of comfort and well being.

It is made of first class quality vegetable-tanned leather.

Available in sizes 35-46 (European size).

Available skins (leather): 1, 2, 5, 10, 12, 16, 48

*CONSULT AT THE END OF THE CATALOGUE*
**REF. 332/12**

Cushioned heel lift. Relieves heel pain. Absorbs impacts when walking. Comfortable thanks to its vegetable-tanned, real leather and its breathable, soft, moulded latex foam. Self-adhesive, place inside shoe, in the heel zone with the leather layer in contact with the foot.

Available in sizes: 1-2-3-4

Available skins (leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 31, 38, 65

*CONSULT AT THE END OF THE CATALOGUE

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**REF. 335/12**

Heel spur support. Provides comfort thanks to its real vegetable-tanned leather and breathable, soft, moulded latex. Self-adhesive, place in the heel area inside the shoe, with the leather layer in contact with the foot. Remove the precut centre circle to relieve pressure on the painful zone caused by the spur.

Available in sizes: 1-2-3

Available skins (leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 31, 38, 65

*CONSULT AT THE END OF THE CATALOGUE
REF. 361/12

Heel lift, ideal for persons with a heavy weight. Relieves the load on heels, made of real, vegetable-tanned leather and natural agglomerated cork. Increases stature by raising the heel and prevent the bottom of the ankle from rubbing on the shoe mouth.

Height: 10 mm

Self-adhesive. Place inside shoe in the heel zone with the leather layer in contact with the foot.


Available skins (leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 31, 38, 48, 65

*CONSULT AT THE END OF THE CATALOGUE

REF. 362/12

Anatomical half insole recommended for people with tired or aching feet and for those who have to stand for many hours or walk long distances.

Unlike conventional half insoles these ones have three support points, plantar arch metatarsal relief and a soft heel pad, thanks to which the bodyweight is distributed equally in each of these zones, delaying the first symptoms of tiredness thanks to the decongestion of the muscles. Immediate relief is noted in the central area of the sole of the foot, producing a feeling of comfort and well being. Half insole comprising three layers: first-class quality, vegetable-tanned leather with anti-fungal and absorbent properties on top layer, anatomical support in intermediate part and breathable, soft, mould latex with activated charcoal on bottom layer.

Available in sizes: 35/36 to 45/46 (European size).

Available skins (leather): 1, 2, 5, 10, 12, 15, 3, 6, 11, 16, 48

*CONSULT AT THE END OF THE CATALOGUE
Metatarsal lift that distributes loads over the forefoot area.
Provides great comfort thanks to its composition of breathable, soft, moulded latex foam and real leather.
Recommended for medium and high-heeled footwear.
Self-adhesive
Available in sizes: 1-2-3-4.

MINI METATARSAL INSOLE TO HELP CUSHION IMPACTS IN THIS ZONE.
Prevents foot from slipping inside shoe.
Provides great comfort thanks to its three layers, a first layer of real vegetable-tanned leather, an intermediate layer of breathable, soft, moulded latex foam and an embossed latex base.
Self-adhesive
One-size
Available skins(leather): 1, 2, 4, 5, 10, 12, 3, 6, 16, 22, 31, 38, 48, 65
*CONSULT AT THE END OF THE CATALOGUE

METATARSAL INSOLE
Take care of your steps
comfort

 thôn
Cuidan tus pasos
Take care of your steps
comfort

*CONSULT AT THE END OF THE CATALOGUE

REF. 316/12

REF. 322/67
**REF. 319/67**

Metatarsal lift that raises the retrocapital zone (behind the metatarsal zone), placing the metatarsals in the correct position. Provides great comfort thanks to its composition: breathable, soft, moulded latex foam and real leather. Recommended for medium and high-heeled footwear.

Self-adhesive
Available in sizes: 1-2-3-4.

**REF. 324/12**

Shank support to relieve the load on the inner longitudinal arch. Distributes load on foot. Provides comfort thanks to its real, vegetable-tanned leather with anti-fungal and absorbent properties and its anatomically shaped rubber part.

Self-adhesive.
Available in sizes: 1-2-3-4

Available skins(leather): 1, 2, 5, 10, 12, 16, 48

*CONSULT AT THE END OF THE CATALOGUE*
The range thermic

A wide range of insoles to combat low temperatures, providing a pleasant feeling of warmth and comfort. The different materials and backings offer a perfect mix to keep feet warm and comfortable. The Thermic range protects against the cold and damp and is apt for use in different temperatures. Maximum comfort for your feet so that you can keep up with your pace of life wherever you are.
REF. 98

Insole made of felt, a warm material that maintains the temperature of the feet. The black, textured, breathable latex foam in the second layer provides shock-absorbing properties with each step. Thanks to the texturing, it is an anti-slip insole, which prevents the foot from moving around inside the shoe. As it keeps the feet warm, it is a perfect insole for low temperatures.

Available in sizes: 34-47 (european size).

REF. 131

Insole that keeps feet warm thanks to its top layer made of 100% natural wool, with a special characteristic: because of the thickness of the wool it is very soft, which increases the typical feeling of warmth and comfort that wool provides. The second layer made of high density breathable latex foam helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. As it keeps the feet warm, it is a perfect insole for low temperatures.

Options:
- Available in sizes: 34-47 (european size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.
REF. 141 A

In contrast to conventional insoles, it has three points of support, the plantar arch, metatarsal zone and the soft heel pad, which means that the body weight is spread evenly over these zones and this delays the first signs of tiredness as the muscles are relieved. This relief is noticed immediately in the central part of the sole of the foot giving a great sense of comfort and well being. It consists of three layers: a top layer made of 100% natural wool that gives comfort and warmth, maintaining the temperature of the feet, a middle layer made of polyethylene that provides complete insulation from humidity and the bottom layer made of aluminium that offers special insulation from cold and humidity, all of this gives the perfect combination of comfort and warmth. Anatomical insole designed for people with tired feet, for people who are on their feet all day... and it also maintains the temperature of the feet.

Available in sizes: 36-47 (European size).

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REF. 164

Insole that maintains the temperature of the feet thanks to its top layer made of 100% natural wool that provides comfort and warmth. The base is made of polyethylene that gives complete insulation from humidity. As it keeps the feet warm, it is a perfect insole for low temperatures.

Available in sizes: 34-47 (European size).
Insole made of 100% natural wool felt that provides comfort and warmth, maintaining the temperature and giving a feeling of well being. The second layer made of breathable latex foam 3 mm thick helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. As it keeps the feet warm, it is a perfect insole for low temperatures.

Options:
- Available in sizes: 34-47 (european size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

Insole that keeps feet warm thanks to its top layer made of 100% natural wool that gives comfort and warmth, a middle layer made of polyethylene that provides complete insulation from humidity and, lastly, an aluminium base that offers complete insulation from cold and humidity. It is an anti-slip insole, which prevents the foot from moving around inside the shoe. As it keeps the feet warm, it is a perfect insole for low temperatures.

Options:
- Available in sizes: 34-47 (european size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.
Insole that maintains the temperature of the feet thanks to its top layer made of patterned fleece which gives comfort and warmth, a middle layer made of activated carbon that prevents bad smell and regulates sweating and, lastly, a layer made of high density breathable latex foam with an anti-slip relief that provides shock-absorbing properties, to make each step more comfortable.

This anti-slip relief stops the foot from sliding inside the shoe. As it keeps the feet warm, it is a perfect insole for low temperatures.

Options:
- Available in sizes: 34-47 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

Insole made of felt, a warm material that maintains the temperature of the feet. The base is made of polyethylene that gives complete insulation from humidity. As it keeps the feet warm, it is a perfect insole for low temperatures.

Available in sizes: 34-47 (European size).

REF. 156

REF. 165
100% natural lambskin insole. The materials used to manufacture this insole make it ideal for winter use. A top layer of thick wool protects and insulates from very cold temperatures, providing a high degree of comfort thanks to its softness and cushioning. A second layer of natural cork provides excellent insulation and finally, a layer of specially treated, extra-flat latex gives the insole great adherence and stops it moving inside the shoe. Ideal for wintertime.

Protection and comfort for your feet.
The range kids

Children’s insoles created for the smallest, most delicate feet. Footsanit has created a special range of insoles for children, to meet all of their needs, taking into account their tastes.

The range includes insoles to combat the cold, to neutralise odours in sports shoes, anatomical insoles to carry out all types of competitions, and all made of state of the art materials, leather, latex, cork...
Footsanit presents an insole in 100% cotton fabric with a perfumed top layer that provides a soft, pleasant, fresh sensation.

The high-density breathable latex foam in the second layer, with a non-slip surface encourages transpiration and cushions impacts, providing comfort at each step. This non-slip surface prevents the foot from slipping inside the shoe.

Instructions for use: place fabric part in contact with the sole of the foot.

Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

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This breathable and comfortable insole provides a sense of well being thanks to the top layer made of towelling, an absorbent material that gives a pleasant, fresh feeling, the middle layer with particles of activated carbon treated with SANITIZED®, an antibacterial and antifungal treatment, that helps to prevent unpleasant odours and regulates sweating and, lastly, the base made of high density breathable latex foam, which helps the air to circulate and provides shock-absorbing properties.

Place the fabric part in contact with the sole of the foot.

Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

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Footsanit presents an insole in 100% cotton fabric with a perfumed top layer that provides a soft, pleasant, fresh sensation. The high-density breathable latex foam in the second layer, with a non-slip surface encourages transpiration and cushions impacts, providing comfort at each step. This non-slip surface prevents the foot from slipping inside the shoe.

Instructions for use: place fabric layer in contact with the foot.

Options:
Available in sizes 21 to 36 (European size).
Multi-size: Cut out the insole to the correct size, following the line for your shoe size.
An insole with a top layer of absorbent technical material that gives a pleasant, fresh feeling. Perfumed layer treated with SANITIZED®, an antibacterial and antifungal treatment, that helps to prevent unpleasant odours and regulates sweating. The second layer made of high density breathable latex foam with an anti-slip surface helps the foot to breathe and provides shock-absorbing properties, to make each step more comfortable. This anti-slip surface stops the foot from sliding inside the shoe.

Place the fabric part in contact with the sole of the foot.

Available in sizes 21 to 36 (European size).

**Options:**
- Available in sizes 21 to 36 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.
Insole that maintains the temperature of the feet thanks to its top layer made of patterned fleece which gives comfort and warmth, a middle layer made of activated carbon that prevents bad smell and regulates sweating and, lastly, a layer made of high density breathable latex foam with an anti-slip relief that provides shock-absorbing properties, to make each step more comfortable. This anti-slip relief stops the foot from sliding inside the shoe. As it keeps the feet warm, it is a perfect insole for low temperatures.

Options:
- Available in sizes 21 to 36 (European size).
- Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

**REF. 165**

Insole made of authentic leather, tanned with vegetable extracts, reinforcing its anti-allergic and absorbent properties. It is an insole that absorbs damp and keeps your feet dry all day. The latex foam in the bottom layer reinforces the shock absorbing properties of the insole.

Place the leather part in contact with the sole of the foot.

Multi-size: Cut out the insole to the correct size, following the line for your shoe size.

Available skins (leather): 1, 2, 4, 5, 10, 12, 15, 3, 6, 11, 22, 31, 38, 48, 65
Available supports: B, D, M

*CONSULT AT THE END OF THE CATALOGUE*
High-quality, ergonomic insole, made of cowhide leather, tanned with vegetable extracts and a process of full-grain buffing, which endows the insole with extraordinary absorption properties and softness, aiding the evacuation of sweat and favouring transpiration, keeping feet dry whilst also preventing the foot from slipping, which enhances stability and increases safety when walking. The latex backing provides greater cushioning in the heel zone.

For correct use place the leather side in contact with the foot.

Available in children’s sizes: 23/24 to 33/34.
Footsanit has developed a comprehensive range of insoles made of:
- Gel, which endows them with a unique, soft, elastic texture that protects the skin and reduces pain.
- Silicone, a product whose main characteristics are that it is odourless, hypoallergenic, non-toxic and prevents the growth of bacteria.
Available in different shapes which adapt perfectly to the foot, helping to relieve the pressure sites on the foot.
MIN GEL INSOLES
These mini gel insoles provide great relief by taking the pressure off the heads of the metatarsals, preventing the formation of calluses and hard skin as well as preventing pain on the ball of the foot. They are completely non-slip and adherent. They can be washed with water and neutral soap to recover total adherence.
One size.

LINED GEL MINI-INSOLE
Gel mini-insoles provide excellent relieve from excessive pressure on the heads of the metatarsals, preventing the formation of calluses and hard skin and pain on the ball of the foot. They are totally adherent and because they are lined they have a pleasant feel in contact with the foot. They can be washed with water and neutral soap to recover total adherence.
One size.
LINED GEL INSOLES
Insoles that offer a high degree of comfort for all types of closed footwear. They are thin enough to use with any shoes. Insoles lined with synthetic leather with support areas on metatarsal and heel zones where most pressure problems occur.

Real leather option
Sizes: S, M and L.

GEL HALF MOON TOE SPREADER
Gel spreader in half moon shape. It provides perfect protection from interdigital friction, reducing rubbing and pain. Helps align toes with problems of ingrowing nails or following surgery.

Sizes: S, M and L.
REF. 639

ELASTIC TOE BAND WITH GEL PAD
This elastic band adapts perfectly to the foot, relieving pressure on the metatarsal heads. It reduces pain and swelling in this zone.

Sizes: S and L.

REF. 643

BLISTER PLASTERS
New-generation, totally transparent, adhesive plasters. They are breathable and help to heal blisters or sores caused by rubbing.

One size.
BOBBIN SHAPED GEL TOE SPREADER
Bobbin-shaped gel toe spreader. It provides perfect protection from interdigital friction, reducing rubbing and pain. Helps align toes with problems of ingrowing nails or following surgery.
Sizes: S, M and L.

CUT-TO-SIZE ELASTIC TUBE WITH GEL
Ideal for relieving interdigital rubbing or claw toes. The tube can be cut for 6 or 7 applications depending on the size chosen.
Sizes: S and L.
REF. 664

ELASTIC BUNION PROTECTOR
It reduces pain at bone protuberances, reducing the pressure and preventing rubbing on the Hallux Valgus. The bunion protector is made of an elastic fabric and gel pad.

One size.

REF. 665

DIGITAL RING WITH GEL
Recommended to relieve interdigital rubbing or claw toes. The gel pad relieves the pressure caused by hammertoes, interdigital helomas or calluses and other types of toe problems.

Sizes: S, M and L.
SILICONE HEEL PAD WITH HEEL CUP AND CENTRAL SPUR INSERT
Silicone heel pad with heel cup and insert in the central spur area. Recommended to relieve the heel zone, calcaneal spur pain, talalgia or pain in joints.
Sizes: S, M and L.

FLAT SILICONE HEEL PAD WITH INSERT
Silicone heel pad with insert of differing hardness in the centre to relieve the heel zone, calcaneal spur pain, talalgia or pain in joints.
Sizes: S, M and L.

REF. 668
SILICONE HEEL PAD WITH HEEL CUP AND CENTRAL SPUR INSERT
Silicone heel pad with heel cup and insert in the central spur area. Recommended to relieve the heel zone and calcaneal spur, talalgia or pain in joints.
Sizes: S, M and L.
REF. 640

ADHESIVE PAD FOR THONG SANDALS
The digital gel pad with adhesive is designed to provide relief in the metatarsal and forefoot zone, preventing the formation of calluses and hard skin. The adhesive prevents the pad from slipping or coming out of open sandals.

One size

REF. 669

LONG SIFTAL INSOLES
Insole made with silicone in two densities so that the inserts are softer than the rest. The metatarsal dome provides great comfort. Recommended for arthritic problems, tired feet, pain in the metatarsal or heel area. Silicone does not cause a reaction or bacterial or fungal growth. It absorbs pressure.

REF. 632

CUT-TO-SIZE GEL TUBE
Relieves and prevents friction and pressure on toes. Protects claw toes or hammertoes. Helps improve keratic lesions. Helps in healing.

One size.

REF. 636

DUPLO LINED GEL HEEL PAD FOR SPURS
Recommended for talalgias, calcaneal spurs, tendinitis... it provides relief and cushioning. Thanks to its very soft, special density it absorbs micro-traumasms and prevents damage and injury.

Sizes: S, M and L.
SILICONE INSOLES
Due to its special density and capacity to absorb impacts silicone prevents excessive pressure and relieves pain in the metatarsals or heel, pain on sole, tired or aching feet and pain in joints. The fact that it is thin enables it to be used with all types of footwear.

Sizes: S and L.

REF. 670

GEL MOUSE WITH RING
Ideal to relieve interdigital rubbing or claw toes. Available in separate right and left units, depending on the size chosen.

Sizes: S, M and L right and left.
This product has a dual function: it acts as a separator which protects corns, chafing between toes and helps to keep toes correctly aligned and, in addition, it protects the bunion area, reducing pain on the bony bump by reducing the pressure on the Hallux Valgus.

One size
### Vegetable-tanned real leather

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Double peccary engraved fauve leather</td>
</tr>
<tr>
<td>2</td>
<td>Engraved Arab fauve leather with shine</td>
</tr>
<tr>
<td>4</td>
<td>Natural colour leather</td>
</tr>
<tr>
<td>5</td>
<td>Smooth fauve leather</td>
</tr>
<tr>
<td>10</td>
<td>Single peccary engraved fauve leather</td>
</tr>
<tr>
<td>12</td>
<td>Engraved Arab fauve leather</td>
</tr>
<tr>
<td>15</td>
<td>Semi-gloss cow leather</td>
</tr>
</tbody>
</table>

### Real leather

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Smooth leather</td>
</tr>
<tr>
<td>6</td>
<td>Arab engraved white leather</td>
</tr>
<tr>
<td>11</td>
<td>Engraved black leather</td>
</tr>
<tr>
<td>16</td>
<td>Smooth white leather</td>
</tr>
<tr>
<td>22</td>
<td>Ivory goat’s leather</td>
</tr>
<tr>
<td>65</td>
<td>Smooth white goat’s leather</td>
</tr>
<tr>
<td>38</td>
<td>Smooth black leather</td>
</tr>
<tr>
<td>48</td>
<td>Simple peccary engraved black leather</td>
</tr>
<tr>
<td>31</td>
<td>Smooth black napa leather</td>
</tr>
</tbody>
</table>

### Backings

<table>
<thead>
<tr>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Embossed latex with activated carbon</td>
</tr>
<tr>
<td>B. Smooth latex</td>
</tr>
<tr>
<td>D. Cork</td>
</tr>
<tr>
<td>G. Embossed latex</td>
</tr>
<tr>
<td>M. Smooth latex with activated carbon</td>
</tr>
<tr>
<td>P. 14% carbon filter</td>
</tr>
</tbody>
</table>
The prices are NET without IVA.
Currency in EUROS.
INCOTERM: Ex Works-Illueca.
Incoterms 2000 CCI
Minimum Order: 3000 euros
Downtime EXW: 15 days after
Mode of payment: LETTER OF CREDIT or transference to 60 days under previous report commercial.
The LEGISLATION applicable to contracts of transaction that they have as it bases this it quarrels is the Spanish.
The COMPETENT COURTS in case of controversies will be those of Zaragoza.
ACCEPTANCE OF ORDERS, only by fax or email.
LABELED, adapted to the language of the client.
Standard COMMERCIAL DOCUMENTATION by order:
- Commercial Invoice in 2 original and 2 copies.
- Packing List
All the required additional documentation by international the customs authorities it will be on behalf of the client, such as origin certificate...
Table of conversion of heights

Generally accepted equivalences between the different last marking systems.

**Material USA note**
In trade practice, several USA companies except in the French equivalent. Moreover, use the English scale: 1½ points for female and 1½ point for male instead of 2 points and 1 point respectively, as proposed here.